






The Dr. Miriam and Sheldon G. Adelson Educational Campus



STOP
think about eating a smaller portion
SLOW
balance your meal with green choices
GO
eat all you want!

Lunch Menu

	February 8th Monday (Meat)	February 9th Tuesday (Dairy)	February 10th Wednesday (Dairy)	February 11th Thursday (Meat)	February 12th Friday (Dairy)
	● Vegetable Beef Soup	● White Bean & Chili Soup	● Corn Chowder	● Tomato Soup	● Vegetarian Hot & Sour Soup
	● Salad Bar ● Egg Salad ● Coleslaw	● Salad Bar ● Tuna Salad ● Fresh Salsa & ● Chips	● Salad Bar ● Tuna Salad ● Roasted Vegetable Salad	● Salad Bar ● Egg Salad ● Couscous Salad	● Salad Bar ● Tuna Salad ● Orange & Cucumber Salad
	● Sliced Deli Meats ● Assorted Breads ● Peanut Butter/Jelly Sandwiches	● Sliced Cheeses ● Assorted Breads ● Peanut Butter/Jelly Sandwiches	● Sliced Cheeses ● Assorted Breads ● Peanut Butter/Jelly Sandwiches	● Sliced Deli Meats ● Assorted Breads ● Peanut Butter/Jelly Sandwiches	● Sliced Cheeses ● Assorted Breads ● Peanut Butter/Jelly Sandwiches
	● Herb Roasted Chicken ● Red Potatoes ● Sautéed Yellow Squash ● Green Beans	● Cheese Quesadillas ● Mexican Rice ● Black Beans ● Mixed Vegetable Sauté ● Steamed Peas	● Three Cheese Lasagna ● Bread Sticks ● Steamed Broccoli	● Meatloaf ● Mashed Potatoes ● Green Beans ● Sweet Corn	● Baked Parmesan Tilapia ● Baked Fish Sticks ● Rice Pilaf ● Steamed Carrots
Vegetarian Entrée	● Baked Kubota Squash	● Whole Wheat Chili Quesadillas	● Whole Wheat Penné Primavera	● Curried Lentils & Vegetables	● Vegetable Frittata
	● Whole Apples, Oranges & Bananas ● Cut Fresh Fruit	● Whole Apples, Oranges & Bananas ● Cut Fresh Fruit	● Whole Apples, Oranges & Bananas ● Cut Fresh Fruit	● Whole Apples, Oranges & Bananas ● Cut Fresh Fruit	● Whole Apples, Oranges & Bananas ● Cut Fresh Fruit ● Assorted Cookies
Preschool	● Herb Roasted Chicken ● Red Potatoes ● Vegetables ● Fruit	● Cheese Quesadillas ● Vegetables ● Fruit	● Whole Wheat Penné & Marinara ● Vegetables ● Fruit	● Egg Noodles & Meat Sauce ● Mashed Potatoes ● Vegetables ● Fruit	● Baked Fish Sticks ● Vegetables ● Fruit ● Assorted Cookies

At The Salad Works salad bar a variety of fresh salad greens and toppings each day. Sage's chefs offer at least two low fat salad dressings along with traditional favorites.

Sage Signature Service® Spotlight Dot Colors have been reviewed by our registered dietitians for accuracy.